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Sleeman Swimming Centre - Site License 16/12/2019 - 10:00 AM  
 2019 McDonald's Queensland Championships - 14/12/2019 to 20/12/2019

### Event 76 Women Open 400 LC Metre Freestyle

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 World: \$ 3:56.46 7/08/2016 Katie Ledecky, USA  
 Cwealth: + 3:58.76 21/07/2019 Ariarne Titmus, AUS  
 AUS: @ 3:58.76 21/07/2019 Ariarne Titmus, STPET  
 AUS All: \* 3:58.37 23/08/2014 Katie Ledecky, USA  
 QLD: # 3:58.76 25/07/2019 Ariarne Titmus, STPET  
 QLD All: ! 3:58.37 23/08/2014 Katie Ledecky, USA  
 Meet Qualifying: 4:39.21

Name	Age	Team	Seed	Prelims
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#### === Preliminaries ===

1	Lee, Kareena	25	Noosa	4:10.52	4:11.54	q
	r:+0.76	29.75	1:01.36 (31.61)			
			1:33.24 (31.88)	2:05.21 (31.97)		
			2:36.72 (31.51)	3:08.78 (32.06)		
			3:40.82 (32.04)	4:11.54 (30.72)		
2	Melverton, Kiah	23	TSS Aquatic	4:05.30	4:12.16	q
	r:+0.66	29.35	1:00.37 (31.02)			
			1:32.38 (32.01)	2:04.48 (32.10)		
			2:36.75 (32.27)	3:08.93 (32.18)		
			3:41.40 (32.47)	4:12.16 (30.76)		
3	Namba (V), Miyu	17	Japan	4:08.37	4:12.36	q
	r:+0.77	29.99	1:01.78 (31.79)			
			1:33.78 (32.00)	2:05.77 (31.99)		
			2:37.86 (32.09)	3:10.16 (32.30)		
			3:41.95 (31.79)	4:12.36 (30.41)		
4	Kobori (V), Wak	19	Japan	4:08.70	4:14.00	q
	r:+0.73	29.65	1:01.92 (32.27)			
			1:34.31 (32.39)	2:06.89 (32.58)		
			2:38.83 (31.94)	3:11.04 (32.21)		
			3:43.01 (31.97)	4:14.00 (30.99)		
5	Neale, Leah	24	USC Spartans	4:07.42	4:14.63	q
	r:+0.66	29.35	1:01.19 (31.84)			
			1:33.46 (32.27)	2:05.79 (32.33)		
			2:37.77 (31.98)	3:10.40 (32.63)		
			3:43.21 (32.81)	4:14.63 (31.42)		
6	Rogers, Dahlas	24	USC Spartans	4:10.92	4:15.33	q
	r:+0.51	30.16	1:02.22 (32.06)			
			1:34.46 (32.24)	2:06.98 (32.52)		
			2:39.24 (32.26)	3:11.56 (32.32)		
			3:43.88 (32.32)	4:15.33 (31.45)		
7	Moriyama (V), Y	23	Japan	4:12.83	4:15.55	q
	r:+0.67	29.92	1:02.12 (32.20)			
			1:34.82 (32.70)	2:07.69 (32.87)		
			2:40.37 (32.68)	3:12.61 (32.24)		
			3:44.84 (32.23)	4:15.55 (30.71)		
8	Messer, Mikayla	20	Nudgee College	4:10.95	4:15.77	q
	r:+0.48	30.68	1:03.32 (32.64)			
			1:35.70 (32.38)	2:07.92 (32.22)		
			2:40.07 (32.15)	3:12.21 (32.14)		
			3:44.12 (31.91)	4:15.77 (31.65)		
9	Thomas (V), Eve	18	New Zealand	4:15.05	4:15.86	q
	r:+0.68	30.27	1:02.52 (32.25)			
			1:35.08 (32.56)	2:08.04 (32.96)		
			2:40.56 (32.52)	3:13.38 (32.82)		
			3:45.13 (31.75)	4:15.86 (30.73)		
10	Sheridan, Mikka	24	USC Spartans	4:09.36	4:16.37	q
	r:+0.76	29.96	1:02.21 (32.25)			
			1:35.29 (33.08)	2:08.33 (33.04)		

	2:39.91 (31.58)	3:12.04 (32.13)			
	3:44.18 (32.14)	4:16.37 (32.19)			
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11	Gan (V), Ching	16 Singapore	4:16.42	4:16.65	q
	r:+0.61 29.60	1:01.39 (31.79)			
	1:33.20 (31.81)	2:05.58 (32.38)			
	2:37.93 (32.35)	3:10.92 (32.99)			
	3:44.05 (33.13)	4:16.65 (32.60)			
12	Doyle (V), Cari	26 New Zealand	4:11.72	4:17.34	q
	r:+0.69 29.78	1:02.03 (32.25)			
	1:34.36 (32.33)	2:07.31 (32.95)			
	2:39.80 (32.49)	3:12.52 (32.72)			
	3:45.17 (32.65)	4:17.34 (32.17)			
13	McIntosh (V), H	20 New Zealand	4:14.55	4:17.45	q
	r:+0.76 30.50	1:03.13 (32.63)			
	1:35.75 (32.62)	2:08.40 (32.65)			
	2:40.82 (32.42)	3:13.26 (32.44)			
	3:45.66 (32.40)	4:17.45 (31.79)			
14	Taylor, Laura	20 TSS Aquatic	4:13.63	4:18.66	q
	r:+0.67 29.55	1:01.89 (32.34)			
	1:34.66 (32.77)	2:07.45 (32.79)			
	2:40.55 (33.10)	3:13.60 (33.05)			
	3:46.66 (33.06)	4:18.66 (32.00)			
15	Johnson, Moesha	22 TSS Aquatic	4:13.55	4:19.57	q
	r:+0.72 30.47	1:02.85 (32.38)			
	1:35.41 (32.56)	2:08.11 (32.70)			
	2:40.90 (32.79)	3:13.99 (33.09)			
	3:47.13 (33.14)	4:19.57 (32.44)			
16	Zavadova (V), B	26 Czech Republic	4:14.54	4:21.30	q
	r:+0.58 30.25	1:02.67 (32.42)			
	1:35.53 (32.86)	2:08.77 (33.24)			
	2:41.64 (32.87)	3:14.96 (33.32)			
	3:48.35 (33.39)	4:21.30 (32.95)			
17	Gubecka, Chelse	21 Yeronga Park	4:17.70	4:21.83	q
	r:+0.66 29.53	1:02.15 (32.62)			
	1:35.35 (33.20)	2:09.06 (33.71)			
	2:42.43 (33.37)	3:16.25 (33.82)			
	3:50.34 (34.09)	4:21.83 (31.49)			
18	Blackstone, Ebo	23 Yeronga Park	4:19.48	4:21.94	q
	r:+0.69 30.54	1:03.19 (32.65)			
	1:36.61 (33.42)	2:10.24 (33.63)			
	2:43.58 (33.34)	3:17.11 (33.53)			
	3:50.28 (33.17)	4:21.94 (31.66)			
19	Crisp, Bianca	20 TSS Aquatic	4:18.59	4:22.37	q
	r:+0.55 31.16	1:04.24 (33.08)			
	1:37.54 (33.30)	2:11.01 (33.47)			
	2:44.51 (33.50)	3:17.88 (33.37)			
	3:51.02 (33.14)	4:22.37 (31.35)			
20	Stuart, Alice	22 TSS Aquatic	4:19.89	4:23.02	q
	r:+0.62 29.87	1:02.97 (33.10)			
	1:36.32 (33.35)	2:09.62 (33.30)			
	2:43.09 (33.47)	3:16.62 (33.53)			
	3:50.50 (33.88)	4:23.02 (32.52)			
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21	Brazier, Macken	18 Kawana Waters	4:20.60	4:23.24	
	r:+0.73 30.95	1:04.07 (33.12)			
	1:37.37 (33.30)	2:10.59 (33.22)			
	2:43.97 (33.38)	3:17.43 (33.46)			
	3:50.79 (33.36)	4:23.24 (32.45)			
22	Heath (V), Ruby	20 New Zealand	4:19.45	4:23.69	
	r:+0.74 30.38	1:03.43 (33.05)			
	1:37.32 (33.89)	2:11.10 (33.78)			
	2:44.78 (33.68)	3:18.77 (33.99)			
	3:52.12 (33.35)	4:23.69 (31.57)			
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23	Lavin, Jessica	20 Rackley ST	4:19.84	4:24.98	
	r:+0.57 29.98	1:02.59 (32.61)			
	1:35.68 (33.09)	2:09.36 (33.68)			
	2:43.13 (33.77)	3:17.41 (34.28)			

	3:51.82 (34.41)	4:24.98 (33.16)		
24 Stuart, Mikayla	17 Pelican Waters	4:23.97	4:25.32	
r:+0.69	31.05	1:04.75 (33.70)		
	1:38.74 (33.99)	2:12.63 (33.89)		
	2:46.14 (33.51)	3:19.67 (33.53)		
	3:52.82 (33.15)	4:25.32 (32.50)		
25 Ryu (V), Jiwon	20 South Korea	4:14.29	4:26.13	
r:+0.54	30.32	1:03.22 (32.90)		
	1:36.68 (33.46)	2:10.60 (33.92)		
	2:44.90 (34.30)	3:19.04 (34.14)		
	3:53.00 (33.96)	4:26.13 (33.13)		
26 Jacobson, Rebec	17 Albany Creek	4:14.61	4:26.74	
r:+0.73	31.01	1:04.79 (33.78)		
	1:38.76 (33.97)	2:13.16 (34.40)		
	2:47.01 (33.85)	3:21.01 (34.00)		
	3:54.84 (33.83)	4:26.74 (31.90)		
27 Choi (V), Haemi	21 South Korea	4:26.72	4:27.40	
r:+0.53	30.08	1:03.45 (33.37)		
	1:37.53 (34.08)	2:11.58 (34.05)		
	2:45.56 (33.98)	3:19.88 (34.32)		
	3:54.32 (34.44)	4:27.40 (33.08)		
28 Armstrong, Madi	19 Kawana Waters	4:24.81	4:27.41	
r:+0.71	31.25	1:04.52 (33.27)		
	1:38.02 (33.50)	2:12.19 (34.17)		
	2:45.94 (33.75)	3:20.21 (34.27)		
	3:54.06 (33.85)	4:27.41 (33.35)		
29 Hull, Grace	21 Rackley ST	4:20.82	4:27.45	
r:+0.52	30.23	1:03.46 (33.23)		
	1:37.40 (33.94)	2:11.30 (33.90)		
	2:45.06 (33.76)	3:19.37 (34.31)		
	3:53.69 (34.32)	4:27.45 (33.76)		
30 Gubecka, Chloe	17 Kawana Waters	4:18.52	4:28.10	
r:+0.66	31.28	1:05.22 (33.94)		
	1:39.38 (34.16)	2:13.37 (33.99)		
	2:47.11 (33.74)	3:21.14 (34.03)		
	3:55.06 (33.92)	4:28.10 (33.04)		
31 Brosnan, Laura	19 Yeronga Park	4:22.93	4:28.61	
r:+0.77	31.40	1:05.04 (33.64)		
	1:38.77 (33.73)	2:12.88 (34.11)		
	2:46.71 (33.83)	3:21.06 (34.35)		
	3:55.28 (34.22)	4:28.61 (33.33)		
32 Matthews (V), R	20 New Zealand	4:31.64	4:29.42	
r:+0.59	31.29	1:05.35 (34.06)		
	1:40.00 (34.65)	2:14.27 (34.27)		
	2:48.60 (34.33)	3:22.91 (34.31)		
	3:57.14 (34.23)	4:29.42 (32.28)		
33 O'Donoghue, Ell	19 StPetersWestern	4:26.94	4:29.90	
r:+0.62	30.36	1:04.52 (34.16)		
	1:39.03 (34.51)	2:13.45 (34.42)		
	2:47.55 (34.10)	3:21.88 (34.33)		
	3:56.00 (34.12)	4:29.90 (33.90)		
34 Perry, Ellena	15 Somerset GC	4:35.66	4:33.57	
r:+0.47	30.67	1:04.46 (33.79)		
	1:39.16 (34.70)	2:13.69 (34.53)		
	2:48.59 (34.90)	3:23.66 (35.07)		
	3:58.69 (35.03)	4:33.57 (34.88)		
35 Warburton (V),	20 UWA-West CoastWA	4:29.94	4:36.82	
r:+0.69	30.68	1:04.84 (34.16)		
	1:39.90 (35.06)	2:15.10 (35.20)		
	2:50.68 (35.58)	3:26.42 (35.74)		
	4:02.24 (35.82)	4:36.82 (34.58)		
36 Cloudsley, Geor	20 Rackley ST	4:38.92	4:37.03	
r:+0.70	32.55	1:07.64 (35.09)		
	1:42.42 (34.78)	2:17.42 (35.00)		
	2:51.90 (34.48)	3:27.05 (35.15)		
	4:02.17 (35.12)	4:37.03 (34.86)		
37 Scott (V), Jess	17 New Zealand	4:36.19	4:38.78	
r:+0.71	32.03	1:06.85 (34.82)		
	1:42.26 (35.41)	2:17.93 (35.67)		

	2:53.23 (35.30)		3:29.06 (35.83)		
	4:04.80 (35.74)		4:38.78 (33.98)		
38 Won (V), Elizab	15	Hong Kong	4:36.65	4:42.73	
r:+0.74	31.69	1:06.92 (35.23)			
	1:42.77 (35.85)		2:19.22 (36.45)		
	2:55.18 (35.96)		3:31.91 (36.73)		
	4:07.93 (36.02)		4:42.73 (34.80)		